



**Diabetes**  
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media alert

## **Graeme Sturges MP to launch Diabetes TASMANIA's health promotion to the transport industry.**

**Diabetes TASMANIA is working with the Transport Workers Union to encourage professional drivers to assess their risk of type 2 diabetes.**

Undiagnosed and poorly managed type 2 diabetes affects the major organs of the body including the eyes, heart, kidneys and central nervous system. This is of particular concern for people working as professional drivers. Damage caused by type 2 diabetes is irreversible and can affect the ability of drivers to perform their work.

Diabetes TASMANIA is offering information to this segment of the Tasmanian community to encourage transport workers to assess their own health status and take action if they feel they are at risk of developing type 2 diabetes.

A mechanism called the Australian Diabetes Risk Assessment Tool has been developed by the Australian Government as an easy to do, confidential and free type 2 diabetes self assessment device.

People who complete the assessment can then discuss the results with their GPs if they think they are at risk. The tool can be found at [www.areyouatrisk.com.au](http://www.areyouatrisk.com.au) and Diabetes TASMANIA encourages all Tasmanians to assess their risk.

**Members of the media are invited to attend the 2009 National Diabetes Week Morning Tea at Toll Holdings, 41 Evans Street, Hobart at 10.30am Friday 17 July 2009.**

**Graeme Sturges MP will launch Diabetes TASMANIA's promotion to the transport industry.**

Media enquiries should be directed to Caroline Wells, CEO of Diabetes TASMANIA on 0419 381 745.

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