



Diabetes TASMANIA is a not for profit organisation delivering high quality diabetes education and support to all Tasmanians living with diabetes, their family and their carers.

Diabetes TASMANIA offers a range of services to assist people in managing their type 2 diabetes.

We have a highly qualified and experienced team of health professionals delivering our education services throughout Tasmania.

Through our tiered referral structure all Tasmanians can benefit from our experience, knowledge and services, no matter where they live in our state.

For more information on how Diabetes TASMANIA can assist you in managing your type 2 diabetes please phone us on 1300 136 588 (local call cost - may cost extra from mobiles), drop into our shops at 88 Bathurst Street Hobart or 64 Cameron Street Launceston or log onto www.diabetestas.com.au

Together we can turn your diabetes around.

**Together we can
turn diabetes around**

Information, education and motivation
National Diabetes Services Scheme (NDSS)

Medical supplies

Public awareness

Advocacy



88 Bathurst Street HOBART TAS 7000
64 Cameron Street Launceston TAS 7250

1300 136 588

Fax: 03 6234 5828

www.diabetestas.com.au



Enhanced Primary Care (EPC) Plans



Together we can turn diabetes around



Enhanced Primary Care (EPC) Plans are designed to assist people living with a chronic medical condition.

A chronic medical condition is one that you have had (or are likely to have) for 6 months or longer. It includes diabetes, asthma, heart problems, cancer, stroke, arthritis and depression.

Why do I need an EPC plan?

Care plans (EPCs) can help you manage your diabetes or other medical condition by identifying your needs and planning what should be done. An EPC involves you visiting your GP who, with a nurse, will prepare a GP Management Plan and Team Care Arrangements.

If you have diabetes a GP Management Plan provides an organised approach to your care. It is the plan of action that you and your GP have agreed on.

Having diabetes means that you have complex care needs. A Team Care Arrangement helps coordinate your care. Your GP will work with at least two other care providers involved in your care such as a diabetes educator and podiatrist or dietitian.

Individual allied health care services

Once you have an EPC you can be referred for up to 5 allied health service appointments each calendar year. Your GP will decide whether you should be referred for these services.

The 5 appointments can be provided by one allied health professional or shared across 5 different professionals. For instance, as a person with diabetes your doctor may decide you need to have 5 appointments with a dietitian, or 2 with a dietitian, 1 with an educator and 2 with a podiatrist.

You can request that your GP refers you to an allied health professional that you already know, or your GP may recommend one.

Allied health care professionals need to meet specific eligibility criteria and must be registered with Medicare Australia.

Am I eligible?

If you have a chronic medical condition such as diabetes, which is being managed by your GP under an Enhanced Primary Care plan (EPC), you will be able to receive diabetes education at no cost. The cost of the diabetes education will be covered under Medicare. Diabetes TASMANIA bulk bills so there are no out of pocket expenses for your education sessions.

Medicare Rebate

The Medicare rebate for each service is \$48.95. Diabetes TASMANIA **charges only the Medicare rebate**. You will be bulk-billed for services provided by allied health professionals employed by Diabetes TASMANIA.

Other allied health professionals may charge in excess of the rebate and you will need to pay the difference yourself. Your out-of-pocket expenses will be counted against your extended Medicare Safety Net.

If you use an allied health professional who charges in excess of the Medicare rebate and you have private health insurance, you cannot make up the difference using your insurance.

In summary

- No more than 5 appointments in each calendar year;
- Medicare rebate of \$48.95 per appointment, with your out-of-pocket costs counting towards the extended Medicare Safety Net;
- Diabetes TASMANIA only charges the Medicare rebate of \$48.95;
- You must have an Enhanced Primary Care (EPC) plan prepared by your GP;
- Your GP will decide whether you will benefit from these services and, if so, will refer you to the appropriate allied health service providers;
- Allied health professional must be registered with Medicare.

Other allied health care services available under Medicare

- Medicare benefits are also available for a range of other allied health care services for certain patients. You may be eligible if you:
- Are of Aboriginal or Torres Strait Islander descent;
- Have a mental disorder;
- Are a child with autism or any other pervasive developmental disorder;
- Are a woman who is concerned about either a current pregnancy or one that occurred in the previous 12 months.

